

Susquehanna Orthopaedic Associates
Surgery Information Packet

Dr. O' Hearn had determined that you will need surgery. This is a big decision for you and we would like to make the process as smooth as possible. Hopefully the following information will help answer some of the questions you may have.

Please note that some insurance companies and ALL workmen's compensation cases require preauthorization for surgeries. This process can take several days, sometimes even weeks.

Surgery Locations:

Inpatient Total Joint Replacements

- Upper Chesapeake Medical Center
500 Upper Chesapeake Drive Bel Air, MD 21014
Surgery Days: Every 1st and 3rd Mondays of the month

Outpatient Procedures

- Harford County Ambulatory Surgery Center
1952 Pulaski Highway Edgewood, MD 21040
- Surgcenter of Bel Air
209 Thomas Street Bel Air, MD 21014

Date of Surgery

We will coordinate with you a date and an approximate time for your surgery. For outpatient procedures, the surgery center will call you the day before your surgery and give you the exact time you will need to be at the surgery center.

Health Information

Prior to your surgery the following health information needs to be obtained for medical clearance.

- History & Physical and Blood work – This must be completed by your primary care physician.
****Upper Chesapeake Medical Center- History & Physical and Blood work expires in 21 days. Beginning January 2009 all surgeries performed at Upper Chesapeake Medical Center will require an additional test: MRSA Nasal Swab.**
****Outpatient Surgery Centers.- History & Physical and Blood work expires in 21 days.**

Chest X-ray- Required if you fall under the following categories.

- ✓ Smoker
- ✓ Have history of smoking
- ✓ Age 50 and over
- ✓ Have history of pulmonary disease.

- EKG - Required if you fall under the following categories.
 - ✓ Age 50 and over
 - ✓ Have history of pulmonary disease.
 - ✓ Diabetic
 - ✓ Any type of cardiac history
 - ✓ Hypertension
 - ✓ High blood pressure

Discuss Surgery Appointments

Dr. O' Hearn will need to see you 1-2 weeks prior to your surgery to have you sign all the consent forms and to receive detailed information about your surgery. We will schedule this appointment for you at the time we schedule your surgery.

Medical Forms

If you are required by your employer or your insurance company to have a form completed by us, we will need 3-5 business days to complete the form. Charges may apply depending on the type of form.

Medications

A prescription for pain medication will be given to you at your Discuss Surgery appointment, please get it filled prior to your surgery so that you have it on hand for the day of your surgery.

Transportation

You will need to arrange for transportation to and from your surgery.

Physical Therapy

Depending on the type of surgery you are having, the doctor will order physical therapy treatments 2-3 days post operatively.

Work Status

It will be necessary for you to miss some time off of work. In some cases you may return to work in as little as 7 days, but most cases are at least 3 weeks. Please discuss work status with Dr. O' Hearn so we can provide the work note needed.